

## Why You (And Your Children) Should Give Thanks

### Introduction

#### Opening Illustration –

1. Giving thanks is choosing joy.
  - a. Enter His gates with thanksgiving! Psalm 100
  - b. Expressing gratitude, it is an antidote to anxiety. Philippians 4:6
2. Giving thanks honors God as God.
  - a. Giving thanks is essential to worship! Hebrews 13:12-16
    - i. Gratitude leads to sharing.
  - b. Expressing humility, it is an antidote to pride. Proverbs 29:23; 1 Chronicles 29:10-19
3. Giving thanks guards against foolishness. Romans 1:20-21
  - a. Ungratefulness leads to foolish rejection of God. Romans 1:22-25
  - b. Expressing faith, it is an antidote to apostasy! Romans 1:26; Psalm 92:1-15

#### Closing Illustration –

Closing Thought When should we give Thanks? Colossians 3:17; Ephesians 5:20